

Community Services

Activities for the over 50's

Enjoy a wide range of activities and services, including, but not limited to:

- Tai Chi
- Men's health and social group
- Women's social group
- Art classes
- Line dancing
- Scottish country dancing
- Walking
- Fitness, Zumba, yoga stretch and circuit
- Cycling
- Indoor bowls
- Entertainment and theatre productions
- Computing tuition
- Table tennis
- Craft
- Massage
- Laughter club
- Saturday bingo
- Trace your family tree



Telephone: 8256 0355
8256 0377

Email: playford@playford.sa.gov.au

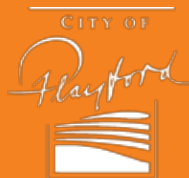
Visit: Grenville Community Hub
Playford Boulevard
Elizabeth

Post: 12 Bishopstone Road
Davoren Park SA 5113

playford.sa.gov.au/grenville



Grenville Community
Connections Hub



The Grenville Community Connections Hub provides a single point of contact for a broad range of services for people 50 years and over.

- Leisure and recreation activities
- Health education forums and events
- Entertainment and outings
- Links to services and information
- Therapy services, including massage and counselling
- Grenville Day activities
- Grenville dining is open Monday to Friday for delicious low cost meals
- Grenville Café is open Monday to Friday for morning and afternoon teas and healthy nutritious snacks
- Respite programs
- Home Assist services
- Community Passenger Network

Conveniently located next to the Elizabeth Shopping Centre and the Civic Centre on Playford Boulevard, Elizabeth.



Travelling Adelaide and South Australia on weekends

Day trips are organised throughout the year where people can enjoy visiting some of South Australia's great treasures, check out the latest theatre shows or just relax with friends in a welcoming environment.

Evening entertainment for the over 50's

- Celtic music nights
- Café dining
- Regular themed dance nights
- Weekend entertainment

Access to services and information

- Commonwealth Carelink
- Alzheimer's Association
- Therapy services
- Counselling
- Northern Carers Network

Volunteering in the programs

The City of Playford acknowledges the valuable support and contribution of community volunteers in its programs.

If you would like to volunteer contact the Centre.

Office hours are:
Monday to Friday 8.30am - 5pm

Assistive hearing technology is installed at this venue.

This Project is delivered in accordance with the Better Practice Project and Community Care Common Standards.